

SUNDAE

Sr. No	Dish Name	Energy (Kcal)	Carbohydrate (g)	Total sugar (g)	Added sugar (g)	Protein (g)	Fats (g)	Saturated (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Allergen	Mandatory declaration as per Schedule II*	Anything specific as per Labelling and Display FSSAI requirements
1	ASHALAY CHIBBAD WITH POHA TWIST SUNDAE	220	22	22	15	5	8	7	0	11	41	CONTAINS MILK AND MAY CONTAIN NUTS		
2	GAJBAJE IN A CAN SUNDAE	219	28	32	28	3	6	5	0	7	34	CONTAINS MILK AND MAY CONTAIN NUTS		
3	COCONUT AND ROASTED PINEAPPLE SUNDAE	212	23	20	10	5	10	7	0	8	670	CONTAINS MILK AND MAY CONTAIN NUTS		
4	CHOCOLATE BROWNIE FUDGE SUNDAE	346	39	24	15	7	17	6	0	0	43	CONTAINS MILK AND NUTS		
5	CARAMEL POPCORN SUNDAE	259	24	16	9	6	14	6	0	0	49	CONTAINS MILK AND NUTS		
6	AMERICAN BREAKFAST SUNDAE	218	32	26	16	4	10	7	0	11	43	CONTAINS MILK AND NUTS		
7	CARROT HALWA TWIST SUNDAE	283	35	26	7	6	13	7	0	10	118	CONTAINS MILK AND NUTS		
8	MANGO PASSION FRUIT SUNDAE	175	38	36	23	2	2	1	0	3	16	CONTAINS MILK AND MAY CONTAIN NUTS		
9	MUD SLIDE SUNDAE	301	28	19	10	6	16	10	0	0	77	CONTAINS MILK AND NUTS		
10	STRAWBERRY SUNDAE	161	14	15	7	4	9	7	<0.1	12	38	CONTAINS MILK AND MAY CONTAIN NUTS		
11	MALAI & STRAWBERRY CHEESECAKE SUNDAE	270	26	26	19	6	13	9	0	14	709	CONTAINS MILK AND MAY CONTAIN NUTS		
12	PINACOLADA SUNDAE	202	26	26	17	4	10	8	0	11	36	CONTAINS MILK AND MAY CONTAIN NUTS		
13	TROPICAL SUNDAE	209	26	27	20	4	9	0	0	12	39	CONTAINS MILK AND MAY CONTAIN NUTS		
14	TADGOLA SUNDAE	214	29	24	19	4	9	7	0	12	39	CONTAINS MILK AND MAY CONTAIN NUTS		
15	JACKFRUIT MURAMBA TWIST SUNDAE	247	27	26	18	5	11	7	0.05	12	39	CONTAINS MILK AND NUTS		
16	SITAPHAL SUNDAE	212	25	26	15	4	9	7	0.05	12	41	CONTAINS MILK AND MAY CONTAIN NUTS		
17	BAKLAVA SUNDAE	291	37	40	22	6	12	9	<0.1	17	77	CONTAINS MILK AND NUTS		
18	RATNAGIRI TO BENGAL SUNDAE	197	19	19	8	6	2	1	<0.1	16	93	CONTAINS MILK AND NUTS		
19	LYCHEE SUNDAE	259	18	13	8	4	9	7	0	12	39	CONTAINS MILK AND MAY CONTAIN NUTS		
20	ORANGE CHOCOLATE SUNDAE	282	38	28	14	5	11	8	0	0	98	CONTAINS MILK, GLUTEN, SOY AND NUTS		
21	FRUIT CUSTARD SUNDAE	235	25	24	8	5	10	8	<0.1	13	44	CONTAINS MILK AND NUTS		
22	BLUEBERRY CHEESECAKE SUNDAE	253	27	25	12	4	11	9	<0.1	14	80	CONTAINS MILK AND MAY CONTAIN NUTS		
23	APPLE PIE CRUMBLE SUNDAE	290	30	26	10	4	15	11	<0.1	12	88	CONTAINS MILK, GLUTEN, SOY & MAY CONTAIN NUTS		

•Serving size is approximate 150g

•Nutritional values mentioned in above sheets are approximate values for per 100 g quantity

•An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary

MILKSHAKE

Sr. No	Dish Name	Energy (Kcal)	Carbohydrate (g)	Total sugar (g)	Added sugar (g)	Protein (g)	Fats (g)	Saturated (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Allergen	Mandatory declaration as per Schedule II*	Anything specific as per Labelling and Display FSSAI requirements
1	MOHABAT KA SHARBAT	153	19	16	11	4	7	5	0	9	22	CONTAINS MILK AND MAY CONTAIN NUTS		
2	CHOCOLATE BROWNIE MILKSHAKE	190	18	13	7	4	10	6	0	6	60	CONTAINS MILK, GLUTEN AND NUTS		
3	COFFEE CARAMEL MILKSHAKE	160	17	14	6	4	8	5	0	6	49	CONTAINS MILK AND MAY CONTAIN NUTS		

- Serving size is approximate 150g
- Nutritional values mentioned in above sheets are approximate values for per 100 g quantity
- An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary